

Bethany Night at Quad City Storm!

Mark your calendars for
Saturday, January 25, 2020

Enjoy a night of hockey and support our great organization.

Needed: If we have at least **75 people** at the game, Quad City Storm will make a donation to Bethany! Get the kids, your friends, your friends' kids, and Uncle Marvin to the game!

Purchase your tickets at www.bethany-qc.org/hockey

Chuck-a-puck

While you're at the game, purchase pucks to be "chucked" onto the rink after the second period to make some money and win great prizes! All of the money used to buy pucks will go right to Bethany for Children & Families!



BETHANY4CF

This mailing was prepared by students in the Black Hawk Area Special Education Center Vocational Education class. For more information, visit www.bhased.org.

The **BUZZ** @ **Bethany** for Children & Families

2019 Volume 4

Keeping children safe, strengthening families,
and building healthy communities since 1899

Community Celebration

2019 Award Winners



Ruth Evelyn Katz
Adoptive Family of the Year:
Brittney and Dan Ionescu



Community Champion of the Year:
J.C. Millman, Rent QC



Foster Family of the Year:
Autumn and Mitchell Staats



Volunteers of the Year:
Dr. Richard and Mrs. Penny Hutchison

Community Celebration 2019

On October 5, Bethany for Children & Families hosted its annual Community Celebration to honor the exceptional community members who are dedicated to improving the lives of children in the Quad Cities. Bethany is very fortunate to work with such amazing people! Thank you to everyone who attended!

The event was hosted at the beautiful Quad City Botanical Center in Rock Island, Illinois. For the second year, a silent auction accompanied the event, but this year it was online through QTego Fundraising Services. Thank you to everyone who bid and congratulations to the winners!

Thank you to Jonathan Ketz of WQAD for serving as emcee!



Jonathan Ketz warming up the audience!



Carrie Clark and Eliza Staats



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How Can You Help?

Legacy Giving

You can help us serve future generations by naming Bethany as a beneficiary of your will, life insurance policy, or retirement plan.

Recurring Donations

Your monthly donations help Bethany plan for the future and provide a dependable foundation with which the agency can assist the children in our community who need it the most. Set up a recurring donation at www.bethany-qc.org.

In-Kind Contributions

Your donations of hygiene products, cleaning supplies, school supplies, furniture, appliances, and diapers directly benefit those whom we serve.

Call (309) 797-7700 today to support a safer, stronger, and healthier Quad Cities



BETHANY4CF

www.bethany-qc.org

Bethany for Children & Families is a private child welfare, mental health, community education, and social services provider that has offered aid and support to children and families in western Illinois and eastern Iowa since 1899. The agency employs a professional team of 70 social workers, licensed counselors, case managers, and educators. With 22 programs and services, Bethany helps over 11,500 children and families annually.

How and Why to Plan a Gift



Discover How Everyone Benefits from Planned Gifts

| Your Goal | Your Gift | Your Method | Your Benefit |
|--|--|--|---|
| Make a gift while leaving more of your estate to your heirs. | Gifts of Retirement Assets (e.g., 401-K, IRA) | Name Bethany as the beneficiary of your retirement plan, and pass less-taxed assets to your heirs. | Avoid up to 60% income tax on your retirement assets; pass more of your estate to your heirs. |
| Make a gift that costs you nothing during your lifetime. | Gifts Through Your Will or Trust ("Bequest") | Include a gift of cash, property, or a share of your estate through your will or trust. | A gift that does not affect your cash flow, and you can adjust your gift as circumstances change. |
| Make a gift while avoiding capital gains liability. | Gifts of Appreciated Securities | Give Bethany appreciated stocks, bonds, or mutual funds to sell and use the proceeds. | Make a significant gift; receive an immediate income tax deduction; pay no capital gains tax. |
| Make a large gift at little cost. | Gifts of Life Insurance | Donate a life insurance policy you no longer need or name us in an existing or new one. | Take a tax deduction now; take possible future deductions through gifts to pay policy premiums. |

How Do You Want to Be Remembered?

Many options are available when deciding how to include a charity in your will or trust. You can leave a specific amount, a percentage of your assets, or the remaining assets after all other bequests have been made to family and friends.

Dr. Bill Steinhauser and Ms. Laurie Boyce-Steinhauser decided to take their commitment to advance Bethany's mission a step further by naming the agency as the beneficiary in their life insurance policy.

"We knew that one of the easiest ways to leave a legacy is by listing our charity of choice in our life insurance policy," Bill said. **"Continuing Bethany's work is a priority for us. It just made sense to leave a lasting mark in this way."**



Bill Steinhauser has served with Bethany since 1996.

Community Celebration Honorees

Ruth Evelyn Katz Adoptive Family of the Year: *Dan & Brittney Ionescu*

Brittney and Dan became foster parents to three brothers in 2014, and adopted the boys the following year. A little girl joined the family through adoption in 2019. The Ionescus keep their license open as you never know when child will need them again.

Foster Family of the Year: *Mitchell & Autumn Staats*

Autumn became a foster parent while single, and when she and Mitchell married, he didn't hesitate to jump in to fostering. They have since adopted a 16-year old girl. Their love, attention, patience, and willingness to go that extra mile for their adopted child and the children whom they foster is amazing.

Volunteers of the Year: *Dr. Richard and Mrs. Penny Hutchison*

The Hutchisons own and operate the Child & Family Psychology Center and for over 25 years have provided psychological testing and services to foster families. Their desire to help also shows by the Thanksgiving baskets and Christmas and birthday gifts they routinely share.

Community Champion of the Year: *J.C. Millman, Rent QC*

J.C. has partnered Bethany's housing programs since their inceptions, and has housed youth and families, providing stable environments so participants can learn the skills needed to be successful in the future. JC has been committed to providing Bethany's most needy with safe, affordable housing.

Thank You to Our Sponsors:



EYE SURGEONS ASSOCIATES
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Bethany Welcomes New Directors



Originally from Ruthven, Iowa, **Jennifer Rubel** holds a Bachelor's degree in Sociology from the University of Iowa and began work in fundraising 24 years ago with the University of Iowa Foundation. She came to the Quad Cities in 2015, working first for Palmer College of Chiropractic and then joining AMPERAGE Marketing & Fundraising as a Fundraising Adviser. Jennifer is looking forward to helping grow Bethany's development and marketing, ensuring that more people in the region have the opportunity to take part in advancing the agency's mission.



Linda Rudolph, a native of Cincinnati, Ohio, moved to the Quad Cities 21 years ago when she began with Deere & Company. As Chair of the National Black MBA Professional Organization, she leads Deere's effort to recruit diverse MBA talent. Linda serves on Bethany's Teen Pregnancy Prevention committee and was recommended by that committee to join the agency's Board of Directors. Linda enjoys giving back to the community, in gratitude to those in her youth who encouraged and nurtured her natural talent.



Joy Schmidt brings 22 years of experience in Financial Services and Human Resources. Originally from Muscatine, Iowa, she has been with Modern Woodmen of America since 1997 and currently serves as Manager of Organizational Development and Technology. Joy has led key initiatives developing a leadership training program and brings involvement in several system implementations and upgrades. She looks forward to offering her expertise to Bethany as the agency connects resources to children and families.

In-Kind Drive: *Angel Tree*

Each year, Bethany asks the community to help make the holidays bright for the agency's families in need. People donate clothing, toys, hygiene items, and cleaning supplies to help grant the wishes of those in our community who might otherwise not receive gifts.

Gift tags with wish list items will be distributed to participating donors in early November. Donors are asked to return gift items (unwrapped, please!) to Bethany by Tuesday, December 10. No gift cards, please.

This is a fun and fulfilling project for individuals, families, and groups!

If you are interested in participating in the Christmas Giving Program this year, please contact Mary Ann McLeod at (309) 736-6645 or mmcleod@bethany-qc.org.



Want to do even more? You can help Bethany prepare Thanksgiving food baskets by sponsoring a family. Your contribution of \$55 buys Thanksgiving dinner for a family of four to six people.

To participate, donate online at www.bethany-qc.org or contact us at (309) 797-7700.

Foster Care Alliance



Helping the children in our community who need it most!

Illinois foster care agencies are collaborating to recruit, train, and license foster homes. The collective goal is to license foster homes to ensure successful placements and eliminate multiple moves for the children served.



For more information about
becoming a foster parent,
please contact us at:

Bethany for Children & Families
(309) 797-7700

www.bethany-qc.org

The Center for
Youth & Family Solutions
(309) 788-9581

www.cyfsolutions.org



Maquoketa, Iowa, native **Dr. Terri VandeWiele** brings 25 years of experience in education as well as leadership in defining vision, development, budgeting, and strategic planning. Having received her Doctorate in Educational Leadership from Western Illinois University in 2008, she has served as Superintendent of Silvis School District #34 since 2015. This position has given her experience working with Bethany's Mental Health therapists in Silvis schools, and she is excited to partner with Bethany in its work in the Quad Cities region.

John Pieritz, a Cost/Price Analyst for the U.S. Army at the Rock Island Arsenal, is a graduate of Western Illinois University and holds his MBA from the University of Dubuque. He turned his love of running baseball tournaments into a business and started JP Sports and Event Management in 2010. JP Sports has become one of the largest youth baseball tournaments in the country, bringing tournaments and events to communities throughout the Midwest and creating economic impact via sports tourism. John is looking forward to offering his services to Bethany and helping the agency fulfill its mission.

Please consider becoming a foster parent!

The Generosity of the Quad Cities

Thank you to the following organizations for awarding grants to Bethany:

- East Moline Community Fund:** \$500 for Therapeutic Recreation Program
- Iowa 80 / CAT Scale Go Iowa Fund:** \$1,600 for Give Kids a Smile
- Rauch Family Foundation I:** \$1,500 for Give Kids a Smile
- Rock Island Community Foundation:** \$3,000 for Prevention Education
- Theisen's More for Your Community:** \$4,063 for Give Kids a Smile
- United Way of the Quad Cities:** \$3,800 for Middle School Attendance Initiative



Thank you, **Reynolds Ford** in East Moline for raising \$5,000 for Bethany through your Facebook campaign! Pictured L to R: Scott Reynolds, owner; Austin Bruck, Sales & Marketing; Jim Sanderlin, Bethany's Director of Development & Communication; Tammi Schultz, General Manager; and Kristen Medhurst, Service Manager. When the community works together we all thrive!

First-grader Alex was defiant and aggressive, and he lacked coping and social skills. He would sometimes be put into therapeutic holds by school staff to keep him from banging his head against the walls. He was often removed from class, spending the majority of his school day in the main office secluded from his peers. Alex's teacher and school counselor recommended Bethany's Behavioral Health Intervention Services program to his mother, Lisa, who agreed to the referral.

Bethany's case manager met with Alex and Lisa weekly, spending time building a relationship with Alex and introduced him to techniques to help control anger and other emotions. The case manager and Lisa discussed ways to manage Alex's emotions. Alex and Lisa began having more positive interactions with each other.

Over time, Alex was able to stay in class with his peers for the duration of the school day. Alex's progress was noted by school staff, and he was eventually discharged from the program. Bethany made sure that other resources were in place to support Alex's positive transition, arranging for regular appointments with the school counselor. The case worker identified social skills development programs to help Alex maintain his success.

BHIS participants must have Iowa Medicaid insurance. Anyone can make a referral by calling (563) 324-9169.



Program Spotlight: Behavioral Health Intervention Services (BHIS)

Children cannot adequately function at school, in their home, or in the community if their mental health needs are not being addressed. Bethany for Children & Families has highly trained and qualified staff prepared to teach these children the skills they need to improve their daily functioning with the goal of staying in the classroom, improving their family relationships, and coping more effectively with their mental health symptoms.

Skills such as anger management, coping with life stressors, relationship building, problem solving, behavioral management, and self-esteem building are all target areas frequently addressed in this program. The children in this program are typically disadvantaged, impoverished, learning delayed, and sometimes come from abusive or neglectful households. This early intervention program is designed to prevent the child from entering the child welfare or juvenile justice system.

The Behavioral Health Specialists at Bethany for Children & Families also work closely with the parents of these children suffering from mental illness to teach parenting techniques to enhance the family's ability to support their child in making behavioral changes while building stronger and more cohesive relationships with one another. Helping the parents learn how to effectively and productively manage their child's mental health and behavioral challenges is a key element to achieving the goals of this program.



Thank you to employees (and a retiree!) from **Deere & Company** for volunteering through the **United Way Day of Caring** to paint at our Davenport facility!



Thank you so much to **The Captured Harvest** for the donation of your incredible Goat Milk Soap!



Thank you to **DuTrac Community Credit Union** in Davenport for naming Bethany in your internal fundraiser!



Thank you to our friends at **Windsor Crest Club Royal Neighbors Chapter 20038** for the school supplies!



Thank you, **Les & Molly's** in Moline, for the backpacks full of school supplies!

Thank you, Eye Surgeons Associates

Each year Eye Surgeons Associates employees choose a non-profit to benefit, and this year they chose Bethany. ESA helped the agency in a variety of ways throughout the year, including sponsoring our Community Celebration, hosting a number of employee fundraisers, volunteering to clean visiting rooms, and putting dental bags together at the agency. Thank you for thinking of Bethany, Eye Surgeons Associates! Your gifts have made an impact and helped us advance our mission.



Filling dental kits



Cleaning visiting rooms



ESA staff presenting the results of their fundraising



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 Providing Your Best Vision For Life

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www.eyesurgeonspc.com

Awards and Excellence

- MOTIVATION
- EXCELLENCE
- RESPONSIBILITY
- INTEGRITY
- TEAMWORK

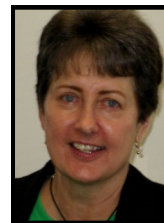


The MERIT award recognizes an employee for distinguished service to the agency. MERIT awardees are nominated by their peers and are recognized for their outstanding commitment to the children and families served by Bethany for Children & Families. Congratulations to Carolyn Kozlik and Caryn Unsicker, the agency's most recent MERIT winners.

Carolyn Kozlik has proven herself to not only be an asset for the school-based therapy program, but also for the mental health division and agency as a whole. Carolyn works well with school staff and has quickly built a rapport within the Davenport School District to be sought out as a trauma informed expert and resource. She not only meets the needs and expectations of her role as a school-based therapist, but she has played an active role in developing and maintaining the BHIS program by offering to complete LPHA assessments outside of her regular school schedule.



In the midst of an ever-changing environment, Carolyn remains positive and professional. Her compassion and empathy shows in her willingness to go above and beyond for her students and their families. Carolyn's commitment to her students and her job is exactly what we look for in a Bethany employee!



Caryn Unsicker has worked for the agency for over 24 years and still comes in every day dedicated to her case load. She is determined to meet every client's need. One example is that she got special speech therapy from Augustana College for a client that has had a cleft palate since birth and has never really been able to speak clearly. Caryn worked with this client's family and thought they might agree to therapy, but they refused to take him because either he wouldn't go, or it wouldn't help. Caryn, as usual, wouldn't take "no" for an answer. She took the client faithfully through the summer when school was out of session, and his speech improved.

Caryn is a team player and integrity is her middle name. Congratulations, Caryn, for for years of excellence and contributions to the community.