



Cones for Kids!

Monday, June 17, 2019

All Quad City Area Whitey's Locations!

Half of all cone sales will benefit the programs and services of:



This mailing was prepared by students in the Black Hawk Area Special Education Center Vocational Education class. For more information, visit www.bhased.org.

The BUZZ @ Bethany for Children & Families

2019 Volume 2

Keeping children safe, strengthening families, and building healthy communities since 1899

Bethany Receives Re-accreditation

The Council on Accreditation (COA) is an independent, nonprofit, human service accrediting organization dedicated to improving service delivery outcomes by developing, applying, and promoting accreditation standards. COA conducted a review of Bethany for Children & Families in January.



Led by Vice President and Chief Clinical Officer Deanna Solis, Bethany received re-accreditation from COA. This maintains the agency's standing since first receiving accreditation in 1953. The process occurs every four years.

"I thank each and every one of you for your time, hard work, and commitment in ensuring that Bethany's re-accreditation process went smoothly and successfully. It truly is a team effort and could not have been accomplished without you," Solis said to the staff. "The visiting COA panel paid the agency the highest compliments. This affirms the great work that you do!"

By obtaining COA re-accreditation, Bethany acknowledges our commitment to the well-being of our clients. Our re-accreditation also signifies that the agency is effectively managing our resources and providing the best possible services to the community.

The Generosity of the Quad Cities



Midwest Technical Institute in Moline donated these brand new hats and gloves to Bethany! Your donation has helped keep children and families warm this winter!



Thank you to **Riverbend Schools** in Fulton, Illinois, who donated 55 brand new pairs of pajamas.



Sheila donated bags full of brand new hygiene products for Bethany's clients! Thank you!



Our friends at the **Center for Active Seniors (CASI)** knitted these beautiful sweaters, blankets, hats, gloves, and scarves for the children and families we serve!



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How Can You Help?

Legacy Giving

You can help us serve future generations by naming Bethany as a beneficiary of your will, life insurance policy, or retirement plan.

Recurring Donations

Your monthly donations help Bethany plan for the future and provide a dependable foundation with which the agency can assist the children in our community who need it the most.

In-Kind Contributions

Your donations of hygiene products, cleaning supplies, dental care items, school supplies, furniture, appliances, and diapers directly benefit the children and families we serve.

Call (309) 797-7700 today to support a safer, stronger, and healthier Quad Cities



www.bethany-qc.org

Bethany for Children & Families is a private child welfare, mental health, community education, and social services provider that has offered aid and support to children and families in western Illinois and eastern Iowa since 1899. The agency employs a professional team of 70 social workers, licensed counselors, case managers, and educators. With 22 programs and services, Bethany helps nearly 10,000 children and families annually.



The John Deere Classic is **July 8 - 14!**

Bethany for Children & Families is participating in Birdies for Charity, an easy and fun way to donate to the programs and services offered by the agency.

Donations to Bethany through Birdies for Charity are guaranteed a bonus of five percent. For the past few years, the bonus has been 10 percent!



One lucky supporter of Birdies for Charity program will win a two-year lease on a **2019 Lexus NX**, courtesy of Lexus of the Quad Cities. Additional prizes are awarded by random drawing.

The deadline to submit your pledge form is July 13, and Bethany's charity number is #178! Use this number to donate online or write it on your pledge form. Donate online or download the pledge form at birdiesforcharity.com.

For additional information, contact Jim Sanderlin at (309) 736-6642 or jsanderlin@bethany-gc.org.

Once again Bethany for Children & Families is grateful for this amazing donation of diapers and baby wipes from Scott County Catholic Schools! During Catholic Schools Week,

Assumption High School
Lourdes Catholic School
John F. Kennedy Catholic School
St. Paul the Apostle Catholic School
All Saints Catholic School

hosted numerous student events and were able to provide diapers and wipes to local organizations, including Bethany. We are incredibly fortunate and grateful to have community support like this!



Welcoming New Staff

Bethany for Children & Families is pleased to announce that Jim Sanderlin has joined the agency as Director of Development and Communication, effective January 2. He will be managing a comprehensive development and fundraising initiative.

Sanderlin, who has deep roots in the area and grew up in Carbon Cliff, is glad to be back in the Quad Cities. He comes to Bethany having spent fourteen years working in similar positions, most recently in North Carolina.



“Jim brings knowledge, experience, and expertise in leadership, including community-focused and development roles,” said Dr. Bill Steinhauser, Bethany’s President and CEO. “As a member of Bethany’s management team, Jim is dedicated to driving organizational fundraising, special events, and communication. Bethany is excited to have him as part of the team.”

“Bethany is doing meaningful work for children and families in the Quad Cities region,” Sanderlin said. “I’m grateful to be a part of that.”

Sanderlin is available to speak on behalf of Bethany at area businesses, churches, and organizations. If you would like to inquire about having him speak at an event, you can email him at jsanderlin@bethany-qc.org or call (309) 736-6642.

In Kind Drive: Diapers and Wipes

Each year, Bethany for Children & Families helps over 10,000 children and adults in the Quad Cities. One category of items in which we are in constant need of is diapers and baby wipes, especially sizes 3, 4, and 5!

Even the smallest donation can make a difference in someone’s life.

Your donation helps the following programs:

Direct Family Intervention

Foster Care

Housing Families Now

Intact Family Services



Just part of last year’s Diapers and Wipes Drive!

Recent Grants

Bethany for Children & Families wishes to thank



American Honda Motor Co.
Mental Health Services grant

Rock Island Community Foundation
Give Kids a Smile grant



The Bud and Dorothy Lundahl Charitable Trust
Charles Deere Wiman Memorial Trust
LED conversion project
at Bethany's Moline service center

Grants like these allow the agency to apply savings to services for children and families.

Remembering Former President

It is with great sadness to let the community know that former Bethany for Children & Families President and CEO, Shirley Stewart, passed away peacefully in her home on January 7, 2019.

Shirley grew up on family farms in Grundy County Iowa, went to Reinbeck High School, Coe College, and later in life received her MPA degree from Iowa State University. After starting her career as a teacher in Cedar Rapids, she took a position with Family Services Agency in Cedar Rapids. She then moved on to the corporate offices of Family Services of America in Milwaukee, WI.

She served as President of Bethany for Children & Families from March 1996 to September 1, 2004.

Shirley was always active in her community, holding leadership roles in the local chapter of American Association of University Women, her college sorority Chi Omega, and Washington High School Boosters Club. After her husband departed in 1978, she raised five boys as a single mother, while earning a graduate degree.

Shirley helped thousands of families and people in need through her career in family services. She touched countless lives during her time at Bethany and is remembered for her selfless service.



Celebrating Children's Dental Health

Client Success Story

Bethany for Children & Families wrapped up a month-long celebration of **National Children's Dental Health Month**.

Bethany spent the month of February promoting good oral health care and our Give Kids a Smile (GKAS) mobile dental program, which serves **nearly 3,500 children at 129 schools** in the Quad Cities region.

• **WHBF's Brittany Price** interviewed one of our dentists, Dr. Fred Burnham, on the mobile dental bus for her show *Living Local*.

• GKAS Director Evena Wash participated in the **Rock Island-Milan School District's Winter Bash** at Rock Island High School, where the community could get an inside look of the mobile dental clinic and learn more about the program.

• An all-day fundraiser was held at **Granite City Food & Brewery** in Davenport. A percentage of all sales made that day were donated to the program! Thank you, Quad Cities, for supporting GKAS!



Cheryl didn't know what to do. Every day, when she took her grandson Sam to school, he would refuse to leave the car. Not just refuse. He would sob like his heart was breaking.

Sam's teachers reported that he sometimes cried during class and seldom participated. He was even afraid to go outside and play during recess. Cheryl understood the root of his fears. After all, the boy's own father had once kidnapped him from school, threatened him, and used him as leverage against his mother. It was too much for a five year old to process. Of course he was terrified.

Sam was placed with Cheryl after the Iowa Department of Human Services (DHS) became involved with the family due to severe domestic violence, which was so traumatic that Sam's mom was blinded in one eye. For his own safety, Sam moved in with Cheryl; his mother was given some time to heal and establish a safe household; and his father was incarcerated.

One day someone mentioned to Cheryl that there was a therapist in the school – one from Bethany for Children & Families – who might be able to help. Cheryl met with Jen, the Bethany therapist, and felt a flutter of hope. Sam met with her the next day.



Jen and Sam started simply, using drawing and music to get to know each other and work through emotions. It didn't take long for Jen to realize that Sam – a kindergartner – was suffering from post-traumatic stress disorder due to the violence he had witnessed in his own home. After he became more comfortable, Jen also used play and relaxation therapy techniques to encourage Sam to tell her about some of the things that made him afraid. With Cognitive Behavioral Therapy, Jen helped Sam work on overcoming the fears that caused him so much anxiety while going to school and socializing with his classmates.

For 18 months, Jen met with Sam twice a week. Sam has become comfortable with the school environment and with his own emotions. He is able to verbalize his feelings and use coping skills to avoid reaching extreme emotional states. Toward the end of his second year working with Jen, Sam moved back in with his mother who had completed all the requisites set by the Iowa DHS. At home, his mom reports that he is always laughing and playing with his younger brother. At school, he participates in class regularly and makes friends more easily. No longer held prisoner by fear, Sam now lives the life of a typical little boy.

Program Spotlight - Therapy

One in five children in the United States has a diagnosable but untreated mental disorder. Untreated mental health issues disrupt children's functioning at home, in school, and in the community.

Children in these circumstances are often suspended from school, increasing their isolation and reducing their opportunities for normal social interaction.



Bethany for Children & Families offers an array of individual and family therapy and counseling services in the Quad Cities and surrounding areas. One of those services is School-Based Therapy, offered by the agency to children in a private location within 24 Davenport schools during school hours.

Bethany employs professional therapists who provide counseling and therapy services within Iowa schools and during school hours for children and adolescents with emotional or behavioral challenges.

The therapists can help youth gain effective coping skills, explore positive ways to express their frustration and anger, and help identify life stressors that can impact their emotional well-being.

Bethany's licensed therapists treat a variety of issues, including:

- Depression
- Self-harm
- School-related issues such as peer problems and bullying
- Anxiety
- Relationship problems
- Grief and loss
- Adjustment disorders
- Childhood/adolescent disorders

Awards & Excellence

MOTIVATION
EXCELLENCE
RESPONSIBILITY
INTEGRITY
TEAMWORK



The MERIT award recognizes an employee for distinguished service to the agency. MERIT awardees are nominated by their peers and are recognized for their outstanding commitment to the children and families served by Bethany for Children & Families.

Christina Kelly is a School-Based Therapist. The nomination stated, "Christina Kelly has been and continues to be a valuable asset to the school based therapy team. She is able to develop rapport and establish therapeutic relationships with a difficult age group (5th-8th graders) due to over two years of experience in that school's environment. The students love her genuine personality. She is never one to complain in this constantly changing position."



Christina Kelly
February 2019

The nomination went on to say, "Christina is consistent in not only meeting her billable expectation but going above and beyond despite challenges with regard to insurance restrictions and school activities that are out of her control. Christina is resourceful and an individual who needs little supervision and/or direction as the efficiency in her work speaks for itself. "

Fun Times in Therapeutic Recreation

Our kids in Bethany's Therapeutic Recreation Program (TRP) made these awesome Valentine's Day cards for seniors living in a nursing home!



The Therapeutic Recreation Program is an after-school program designed for youth between the ages of 8 to 17 that examines the use of leisure and recreational activities in a constructive way and provides anger management training with an emphasis on developing positive social relationships.

Social Media: More Powerful Than You Know!

Have you liked or followed us on social media? Our presence on Facebook, Instagram, and LinkedIn is growing because of increased effort on our part and increased engagement on yours! Thank you!

On February 26, our Facebook post about Knilan's Furniture delivering a donation shot up to reach over 1,000 people in just two hours. Within twenty-four hours, it reached over 4,000 people and kept going. Our goal is to meet new friends, volunteers, and donors so when you like, comment, and/or share our social media posts it boosts our presence in the region. This helps introduce Bethany to the Quad Cities and also helps those already familiar with us to learn more!



5,624 People Reached 878 Engagements [Boost Post](#)

👍❤️👍 Christa Jean, Matthew Steinhauer and 83 others 3 Comments 55 Shares

👍 Like 💬 Comment ➦ Share

